NSTU Adoptee Support Call Community Guidelines

- This is a Safe Place
 - You can be honest in sharing your feelings and story. Do not share anyone else's story outside of the support group and respect confidentiality.
- Listen Generously
 - Do not interrupt another while they are speaking, keep mic muted unless you are speaking.
- Be Kind and Corteous
 - We are all in this together to create a welcoming environment. Let's treat everyone with respect. Healthy debates are natural, but kindness is required. Do not namecall or curse each other out.
- Absolutely no hate speech or bullying
- Support, Support, Support
 - This is a support group. It is absolutely okay to ask for support; don't forget to support others too
- Politics and Religion
 - We are open to all adoptees of every background. There will be disagreement on politics and religion, we ask that you refrain from political banter during these support calls and that each person is respectful of everyone else's political and religious stance